

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2-Mar-20	3-Mar-20	4-Mar-20	5-Mar-20	6-Mar-20
Breakfast	Coco Puffs & WG Crackers	Yogurt & Graham Crackers	Lucky Charms & WG Crackers	Bagel with Cream Cheese	Mexican Concha
Lunch	Macaroni & Cheese with Mixed Vegetables (1c)	Pepperjack Cheeseburger with Tater Tots (1c)	Ham & Cheese Croissant Sandwich with Green Salad (1 1/2c)	Chicken Tamal with Pinto Beans (1c)	Turkey & Cheese Croissant Sandwich with Carrot Sticks (3/4c) & Ranch
Vegetarian	Macaroni & Cheese with Mixed Vegetables (1c)	Garden Burger with Tater Tots (1c)	Bean & Cheese Croissant Sandwich with Green Salad (1 1/2c)	Cheese Tamal with Pinto Beans (1c)	Veggie & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch
	9-Mar-20	10-Mar-20	11-Mar-20	12-Mar-20	13-Mar-20
Breakfast	Multi Grain Cheerios & WG Crackers	Yogurt & Graham Crackers	Reduced Sugar Cinnamon Toast Crunch & WG Crackers	Bagel with Cream Cheese	Coffee Cake & String Cheese
Lunch	Penne Pasta (1c) & Turkey Meat Sauce (3/4c) with Mixed Vegetables (1c)	Honey BBQ Chicken Wings with Dinner Roll & Mashed Potatoes (1c)	Pepperoni Pizza with Green Salad (2c)	Beef & Cheese Nachos with Pinto Beans (1c)	Chicken Salad Sandwich with Carrot Sticks (3/4c) & Ranch
Vegetarian	Penne Pasta (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Mixed Vegetables (1c)	Garden Burger with Mashed Potatoes (1c)	Cheese Pizza with Green Salad (2c)	Shredded Cheese (2oz) Nachos (2oz) with Pinto Beans (1c)	Bean & Cheese Croissant Sandwich with Carrot Sticks (3/4c) & Ranch
	16-Mar-20	17-Mar-20	18-Mar-20	19-Mar-20	20-Mar-20
Breakfast	Lucky Charms & WG Crackers	Yogurt & Graham Crackers	Multi Grain Cheerios & WG Crackers	Bagel with Cream Cheese	Mini Cinnamon Rolls
Lunch	Chicken Fettuccine (1c) Alfredo with Mixed Vegetables (1c)	BBQ Chicken Sandwich on a Hoagie Roll with BBQ Corn Salad (3/4c)	Orange Chicken with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)	Chicken Tamal with Pinto Beans (1c)	Ham & Cheese Croissant Sandwich with Carrot Sticks (3/4c) & Ranch
Vegetarian	Fettuccine (1c) Alfredo with Shredded Cheese (2oz) & Mixed Vegetables (1c)	Fresh Veggie, Bean & Cheese Wheat Tortilla Wrap with BBQ Corn Salad (1/2c)	Orange Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)	Red Cheese Enchiladas with Pinto Beans (1c)	Veggie & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch
	23-Mar-20	24-Mar-20	25-Mar-20	26-Mar-20	27-Mar-20
Breakfast	Reduced Sugar Cinnamon Toast Crunch & WG Crackers	Yogurt & Graham Crackers	Coco Puffs & WG Crackers	Bagel with Cream Cheese	Mexican Concha
Lunch	Spaghetti (1c) & Meatballs with Mixed Vegetables (1c)	Chicken & Waffles with Mashed Potatoes (1c)	Pepperoni Pizza with Green Salad (2c)	Beef & Cheese Nachos with Pinto Beans (1c)	Breaded Chicken Patty Sandwich with Sweet Potato (1c)
Vegetarian	Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Mixed Vegetables (1c)	Garden Burger with Mashed Potatoes (1c)	Cheese Pizza with Green Salad (2c)	Shredded Cheese (2oz) Nachos (2oz) with Pinto Beans (1c)	Bean & Cheese Burrito with Carrot Sticks (1c) & Ranch
	30-Mar-20	31-Mar-20	1-Apr-20	2-Apr-20	3-Apr-20
Breakfast	Multi Grain Cheerios & WG Crackers	Yogurt & Graham Crackers	Rice Chex & WG Crackers	Bagel with Cream Cheese	NO SCHOOL
Lunch	Creamy Chicken Chipotle over Penne Pasta (1c) with Mixed Vegetables (1c)	Turkey & Cheese Croissant Sandwich with Basil Corn Salad (3/4c)	Chicken Teriyaki with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)	Tuna Salad Sandwich with BBQ Bean Salad (3/4c)	
Vegetarian	Creamy Chipotle Penne Pasta (1c) with Shredded Cheese (2oz) & Mixed Vegetables (1c)	Bean & Cheese Croissant Sandwich with Basil Corn Salad (3/4c)	Teriyaki Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)	Fresh Veggie, Bean & Cheese Wheat Tortilla Wrap with BBQ Bean Salad (1/2c)	

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: LAAAE Celebrates Women's History this month. LAAAE celebra la historia de las mujeres este mes.



“Eat Right, Be Bright!”